

OUR SAVORY WAFFLES & CREPES

All Entrees Served on 1 of the Following:

1. SIGNATURE BUBBLE WAFFLE 2. CREPE 3. VEGAN & GLUTEN FREE WAFFLE*

*Let us know if you would like whip, butter, cheese, etc.

BREAKFAST, LUNCH, DINNER served with salad of mixed greens, tomatoes, salt, pepper & EVOO

CHICKEN N' WAFFLES 9.80

Literally how it sounds; panko breaded white meat chicken & maple drizzle over our Signature Waffle served with sides of hot sauce & more maple syrup

GREEN EGGS & BACON 10.80

It's green because it is covered in our avocado crème sauce over 2 cage free eggs, topped with crispy turkey bacon, avocado & tomato, salt & pepper

STEAK & EGGS 12.80

Steak beef tips sautéed then topped with 2 cage free eggs, served with a side sriracha mayo, salt & pepper

SOUTHWEST BREAKFAST SCRAMBLE 10.80

It's spicy & fresh; 2 eggs scrambled, roasted bell peppers & red onions, turkey bacon & WI cheese served with sides of our pico de gallo-style salsa & sriracha mayo, salt & pepper

 **ALL THINGS GOOD & HEALTHY 10.80**

The Exchange Walnut Burger, sweet black bean & corn salsa, avocado, tomato & mixed greens.
-sub protein for grilled chicken breast

WISCONSIN PRIDE 9.80

Panko breaded white meat chicken, crispy turkey bacon, melted WI cheddar cheese, drizzled with maple syrup & sides of more maple & our sriracha mayo -grilled chicken breast available + change to **CHICKEN BACON RANCH** 2.00

 **CREAMY MUSHROOM CREPE 9.80**

Sautéed mushroom trio in herbed cream sauce & spinach topped with chives, salt & pepper + add chicken, steak or walnut burger for 3.00

 **Vegetarian Options**

Add Walnut Burger or Sauteed Mushrooms 3.00
Add Steak, Panko Chicken, Grilled Chicken Breast, or Turkey Bacon 3.00
Add Avocado or 1 Cage-Free Egg 2.00
Add Cheese -WI Cheddar, Pepper Jack or Creamy Garlic Boursin 1.50

CLASSIC BLT 8.80

Crispy turkey bacon, sliced tomatoes, mixed greens, mayo & side of more mayo +upgrade to **CHICKEN BACON RANCH**, w/cheese 3.00

 **CLASSIC GRILLED CHEESE 8.80**

Loads of melted WI cheddar cheese or make it a **3-CHEESE DELUXE GRILLED CHEESE**
+ pepper jack & boursin garlic & herb cheese for 1.00 (neither available on greens)


 **WALNUT BURGER 10.80**

The Exchange Walnut Burger, sliced avocado, tomatoes, mixed greens & garlic mayo, salt & pepper with a side of more garlic mayo
+ add an over easy or scrambled egg 2.00

 **CAPRESE 9.80**

Heirloom mini tomatoes, fresh mozzarella balls, fresh basil, EVOO & balsamic reduction, salt & pepper with side of creamy balsamic dressing
+ panko or grilled chicken breast 3.00

OUR TAKE, PHILLY CHEESE STEAK 10.80

Steak beef tips sautéed w/ bell peppers, onions, WI pepper jack cheese & side of wasabi mayo
 Replace protein at no charge

BUFFALO CHICKEN 10.80

Our panko-breaded white meat chicken, smothered in Frank's Red Hot Sauce then topped with pepper jack cheese, mixed greens, & a drizzle of ranch dressing, with a side of ranch.
-bleu cheese crumbles available upon request.

 **SMALL HOUSE SALAD 4.80**

Mixed greens, tomato, avocado, salt & pepper, EVOO, with side of creamy balsamic or ranch dressing

OUR SAVORY WAFFLES & CREPES

OUR SWEET WAFFLES & CREPES

All Entrees Served on 1 of the Following:

1. SIGNATURE BUBBLE WAFFLE 2. CREPE 3. VEGAN & GLUTEN FREE WAFFLE*

*Let us know if you would like whip cream or butter

BREAKFAST, LUNCH, DINNER

CARAMEL PECAN ROLL WAFFLE 9.80
OR CREPE 6.80

CINNAMON ROLL WAFFLE 8.80
OR CREPE 7.80 try with bacon + 1.50

BANANA CREAM PIE WAFFLE 8.80
OR CREPE 8.80

SMORES WAFFLE 8.80
OR CREPE 8.80

NUTELLA & BANANA WAFFLE 9.80
OR CREPE 9.80

NUTELLA & STRAWBERRY WAFFLE 9.80
OR CREPE 9.80

CHOCOLATE CHIP WAFFLE 8.80
OR CREPE 8.80
+ add chocolate chip cookie crumble .50

SEASONAL FRUIT WAFFLE 9.80
OR CREPE 9.80

STRAWBERRIES & CREAM WAFFLE 8.80

STRAWBERRY SHORT CREPE 8.80

FUNFETTI BIRTHDAY CAKE WAFFLE 4.80

Add scoops of Ice Cream 1.50 per scoop

Add Bananas &/or Strawberries 1.50

Add chocolate, caramel, nutella drizzle, chocolate chip crumbles or whip .50 each

ICE CREAM WAFFLE CONES:

Looks like a waffle cone because it is our Signature Waffle rolled into an ice cream-holding cone! Choose from one of our 3 flavors of hand scooped ice cream in a dish or waffle:

WAFFLE: 1 scoop \$5 2 scoops \$6

3 scoops \$7.50

DISH: 1 scoop \$2 2 scoops \$3 3 scoops \$4.50

+add chocolate, caramel, nutella drizzle, chocolate chip crumbles or whip

for only .50 more

BAKERY & DESSERTS Prices Vary

Russian De Leche Peaches, Ferrero Rocher Cake, Fairy Tale Cake, Chocolate Chip Cookies, Donuts & Donut Holes, Brownie Kabobs, Seasonal Mini Bundt Cakes, Ice Cream Waffles (See Above)


NEW: Gluten Free-Vegan Banana Bread Squares,
Gluten Free-Vegan Chocolate Chip Cookies

OUR SWEET WAFFLES & CREPES

OUR HEARTY SALADS

SALADS AVAILABLE FOR BREAKFAST, LUNCH, OR DINNER


All salads are a generous portion of mixed greens and we add salt, pepper & EVOO

 **GREEN EGGS & BACON** 10.80
It's green because it is covered in our avocado crème sauce over 2 cage free eggs, topped with crispy turkey bacon, avocado & tomato, salt & pepper


 **ALL THINGS GOOD & HEALTHY** 10.80
The Exchange Walnut Burger, avocado, tomato & our sweet black bean salsa as dressing + pair with a loose leaf tea

WISCONSIN PRIDE SALAD 9.80
Panko breaded white meat chicken, crispy turkey bacon, melted WI cheddar cheese, drizzled with maple syrup & sides of more maple & our sriracha mayo
-grilled chicken breast available
+ change to **CHICKEN BACON RANCH** 2.00

 **WALNUT SALAD** 10.80
The Exchange Walnut Burger, sliced avocado, tomato, mixed greens & garlic mayo, salt & pepper with side of more garlic mayo + add over easy/scrambled egg 2.00

 **CAPRESE SALAD** 9.80
Heirloom mini tomatoes, fresh mozzarella balls, fresh basil, EVOO & balsamic reduction, salt & pepper with side of creamy balsamic dressing
+ panko or grilled chicken breast 3.00

PHILLY CHEESE STEAK SALAD 10.80
Steak beef tips sautéed w/ bell peppers, onions, WI pepper jack cheese, onion straws & ranch

 **MUSHROOM PHILLY** we can replace steak with any protein sautéed w/ bell peppers, onions & WI pepper jack cheese, topped with onion straws & a side of ranch

CLASSIC BLT SALAD 8.80
Crispy turkey bacon, tomatoes, topped with onion straws & served with side of ranch dressing + upgrade to **CHICKEN BACON RANCH**, w/cheese 3.00

BBQ CHICKEN SALAD 10.80
Panko breaded white meat chicken, avocado, tomato, WI cheddar cheese, sweet black bean salsa, onion straws, & drizzled w/ BBQ sauce & served with side of ranch dressing
-grilled chicken breast available, no cost

SPICY SOUTHWEST SALAD 10.80
Panko breaded white meat chicken, grilled chicken breast, steak beef tips OR walnut burger over mixed greens, shredded WI cheddar cheese, our fresh pico de gallo-style salsa, sweet black bean salsa, drizzled w/ sriracha mayo, & our avocado crème as dressing

 **CRANBERRY PECAN SALAD** 9.80
Dried cranberries, chopped pecans, heirloom cherry tomatoes & apple wood smoked - bleu cheese crumbles lay atop a bed of greens, drizzled with balsamic reduction, EVOO, salt & pepper with side of creamy balsamic dressing. + try with panko or grilled chicken breast 3.00

BUFFALO CHICKEN 10.80
Our panko-breaded white meat chicken, smothered in Frank's Red Hot Sauce, pepper jack cheese, topped w/ onion straws, a drizzle of ranch dressing & a side of ranch.
-bleu cheese crumbles upon request.

 **SMALL HOUSE SALAD** 4.80
Mixed greens, tomato, avocado, salt & pepper, with side of creamy balsamic or ranch dressing

 **Vegetarian Options**
Vegan &/or GF Options upon request

Add Walnut Burger or Sautéed Mushrooms 3.00

Add Steak, Panko Chicken, Grilled Chicken Breast, or Turkey Bacon 3.00

Add Avocado or 1 Cage-Free Egg 2.00

Add Cheese -WI Cheddar, Pepper Jack or Creamy Garlic Boursin 1.50

OUR HEARTY SALADS

SMALL STARTER PLATES

WISCO DISCO BEER CHEESE DIP W/ WAFFLE WEDGES 6.80

SOUP OF THE MOMENT CUP 3.80...BOWL 5.80

*sub soup for side salad w/ Savory Waffle or Crepe meal for an additional 3.00

FRUIT BOWL 5.80

add chocolate, caramel, nutella drizzle or whip .50

BACON & EGG AVOCADO HALF 6.80

add creamy Boursin cheese 1.50

PARMESAN GARLIC SOFT WAFFLE STICKS 6.80

CREAMY ARTICHOKE BAKE W/ WAFFLE WEDGES 6.80



ABOUT OUR WAFFLES & CREPES

OUR SIGNATURE WAFFLE:

The secret of the unique taste of our waffles is very simple; the natural Ingredients & the shape.

The egg waffle, as it's known because the round sections look like little eggs, is one of the more popular street foods in Hong Kong. The first bite is crispy, & then the softness inside will melt in your mouth.

CREPES:

Inspired by a unique Parisian tradition, the recipe & shape originated in France. We bring the concept to Green Bay so that you can experience & savor this delectable creation locally.

Naturally
low carb (14g)
low sugar (14g)
only 90 calories,
3g of fat,
4g of protein

CLEAN & HEALTHY:

We also offer a Vegan, Gluten Free Waffle made with oat flour, EVOO & very little sugar.

All menu items can be served over mixed greens.

Many items can be made vegan.

See next page for our Hearty Salad suggestions.

GOOD TO KNOW

- All of our food is homemade & made fresh to order. The volume of orders ahead of you will determine your wait time (usually 15-20 minutes but longer during peak hours).
- Help yourself to our filtered water station by the pick-up counter or the cold water cooler on the lower level.
- Please return dirty dishes to black bus tubs located on both levels beneath condiment stations.

